

Do you feel ready to return to volunteering?

No

Yes

Take your time, there is no pressure from us to return, continue to volunteer from home. Get in touch or book a shift when you feel ready.

If you have [symptoms](#) you need to self-isolate. For anything else you need to get in touch with the team to discuss if returning to physical volunteering is a good idea right now. Email: insert your email here.

Are you self-isolating due to [symptoms](#), shielding, [clinically vulnerable](#) or have an underlying health condition or pregnant?

No

Do you have caring responsibilities or live with someone who is [clinically vulnerable](#)?

Yes

No

Think carefully about returning and discuss with your household. Do you still want to come back?

Yes

Are you happy with the precautions we have put in place to keep you and the team safe?

Yes

No

No

Read through our guidelines again and ask any questions you have. Have our answers made you feel more confident?

No

Yes

Sounds like you're ready to return - welcome back! We are gradually phasing our return, check our website for available shifts, wait for your confirmation email and do a mini health check before you join us.